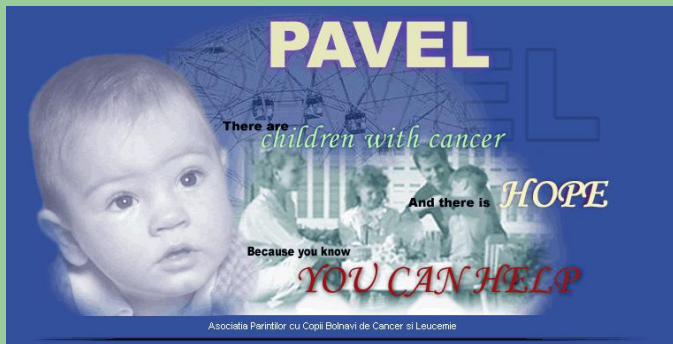


# P.A.V.E.L. ASSOCIATION

[www.asociatiapavel.ro](http://www.asociatiapavel.ro) ; [www.scoala-de-spital.ro](http://www.scoala-de-spital.ro)



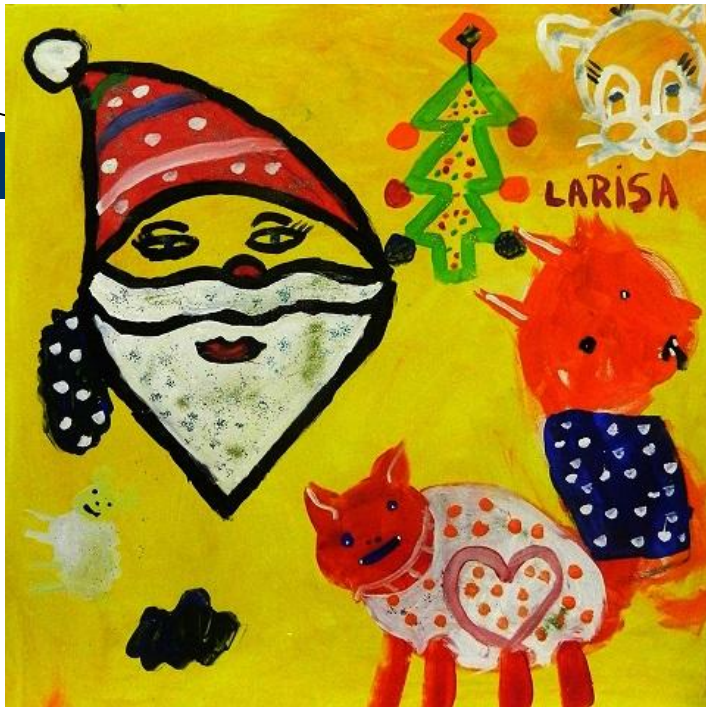
## Short presentation 1996 -2014

**Primind Ajutor Viata Este Luminoasa**  
Asociația parinților cu copii bolnavi de cancer, leucemii și anemii grave  
[www.asociatiapavel.ro](http://www.asociatiapavel.ro)



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## Who we are



**P.A.V.E.L.**

**“Primind Ajutor, Viata Este Luminoasa”**

which stands for

**“ Getting Help, Life Is Bright”**

A non-profit, non-governmental organization created in 10<sup>th</sup> of May 1996 by a group of parents of children with cancer, leukemia and severe anemia.

In our days in association you can meet professionals as managers, psychologists, social workers, teachers and also volunteers coming from universities, companies and public institutions.

# What we do – Ongoing projects and activities

- Improving children and youth condition during the time when they are in hospital – **integrated services** (social work, psychological support, information, cancer help line (0800 800 421), kinetic –therapy, **Snoezellen therapy** and legal support);
- Organizing and running **play-therapy** spaces and adapted education services (**hospital school**) in 2 major hospitals in Bucharest : Oncologic Institute (pediatrics department) and Fundeni Clinic Institute (pediatric and hematologic department); **art therapy** for children and teens
- **Supporting and helping families in need** to reach appropriate medical care and social services
- **Parents home** – providing **free accommodation** for sick children/teenagers and family members for day hospitalization and short time medical investigation
- **Improving the medical care and treatment conditions** in onco and hematological pediatrics wards through big donations
- Organizing and running **P.A.V.E.L. Resources and Services Centre** in partnership with the biggest public Oncologic Institute (IOB)
- Organizing various **outreach activities** and celebrating events – birthdays, Christmas and Easter, 1<sup>st</sup> February – International Cancer Children Day, 1<sup>st</sup> June - Children Day, Summer camps,..
- **Lobby and advocacy** for improving medical and social situation of the children, youth and their families
- Organizing **conferences in pediatric oncology** in 2011 and 2012 and **the 9th HOPE European Congress** (the Congress of Hospital School in Romania) in 2014
- Organizing **humanitarian and public awareness campaigns** about cancer signs in children



## Good practices Model

# P.A.V.E.L. Resources and Services Center

created in 2007 and its services developed during the last 7 years

**The main purpose of the project:** improving life quality and expectancy among children diagnosed with an oncologic disease and their families;

### **Objectives:**

1. Raising awareness regarding the problem of cancer diagnosed children and youngsters in Romania.
2. Improving the children and their families' treatment and medical conditions as well as their psychosocial state;
3. Improving the hospitalization conditions among cancer diagnosed children and their access to medical service in due time.

**Venue:** The Oncologic Institute of Bucharest, The Clinic Institute in Fundeni, Bucharest.

**Abstract:** The Romanian Health System is underfinanced, situated on the lowest ranks in the EU, as a share of the GDP. However, in our country, cancer is the second death rate for the 14 – 15 age interval.

Through this project, P.A.V.E.L. improves healthcare services aimed at cancer diagnosed children, adding other services provided by the P.A.V.E.L. Resource and Service Center team to the medical services offered by the hospital. The project is unique, based on the expertise of a multidisciplinary team that has the ability to see the big picture of the oncologic patient's needs and act accordingly, in the the purpose of improving life expectancy and its quality.



# P.A.V.E.L. Resources and Services Center

## **Integrated services(1):**

Adequate psychological support, needed to cope with the severe impact of the screening, diagnostic and treatment process, throughout every stage of the disease;

Unlimited social services access in accordance to the complex needs of the ill child and his family (awareness regarding the patient's rights, support regarding the access of the family to the community resources, material support regarding current needs as far as food, transportation and housing are concerned);

Access to free time activities, suitable for every particular age, both in the hospital and beyond (occupational therapy, therapy through combined arts, social skills and relaxation);

## **Integrated services(2):**

Physical therapy and legal counseling;

Free vocational counseling and guidance, professional integration and reinstatement services after the treatment and rehabilitation period;

## **Results:**

Annually, almost 350 unique patients and their families benefit from the services provided freely by P.A.V.E.L., here at the Oncologic Institute of Bucharest. Having unlimited access to services adapted to their diverse needs, life expectancy and its quality is improved here in Romania.

# Art therapy program

- run by P.A.V.E.L. in Oncologic Institute of Bucharest -

For the last 11 months, arch. Mihaela Schiopu, together with a team created and run an art-therapy program for the ill children.

**“A-CASA” (“AT HOME”) project** is included in the art therapy program and follows a series of objectives:

- Realization of drawings and paintings through which children and teenagers can formulate and express their feelings regarding everything that is related to the environment in which they were born and which they miss, but also the emotions they feel in the hospital, far away from home.

This project can become a valuable instrument for the hospital staff (psychologists, doctors and social workers) providing information about the emotional state of their patients (general state of the little patients, the acceptance of being away from home, the level of integration in the hospital world, their relationship with their families);

- Realization of small models, cardboard and modeling clay objects. It is well known that clay modeling has an excellent therapeutic effect;

- Enabling an appropriate and initial contact with architecture history through browsing some of the albums and books from the associations` library, followed by the description of the most pleasant images by patients, in a free, personal and funny manner.

- The hospitalized children and teenagers benefit from the program “ Hospital School”, established by the same organization. This program assures the continuation of studies, of drawing and modeling classes in which those hospitalized take part, without interrupting their studies;

# Art therapy program

- During the project there was a large exhibition at the Ion Mincu University of Architecture. The project was recently completed through the realization of an album with drawings and stories, which will bring together the creations of those hospitalized. This targets have a double therapeutic effect (Storytelling and art-therapy), at the same time highlights the relationships between the group participants and their evolutions;
- A significant amount of works are displayed temporarily in the hospital, making the image of the hospital more friendly.
- Last but not least, the children work in groups, accompanied by music. This enables relationships between children but also between traumatized parents, betters the atmosphere, determining the participants to rediscover their sense of playfulness and creativity in a friendly manner.

Age group of audience: 2-18 yo

Number of participants: 40 different children

## **Outcomes and evaluation**

The doctors from the hospital are beginning to appreciate the activity of the children, becoming more attentive to their emotional state. For those between the ages of 14-18, it is an opportunity to discover their passion. There are already two teens who wish to become architects. The parents are thrilled, also meaning that their future is not that grim anymore, as long as it has form in our imagination.

# Art therapy program





# Children's Artwork



PAVEL CHILDREN ART ALBUM

