

MAMMA HELP

Organisation for Women with Breast Cancer

- Established in **1999** (now appr. 700 registered members);
- Non-profit organisation of national scope;
- Consultation centers available daily - **Mamma HELP centers in 8 cities;**

OUR MISSION

- Improve **life quality** of oncological women patients
- Push through improvement in **subsequent patient care**
- **Inform public** about breast cancer prevention and treatment

MAMMA HELP CENTERS

INDIVIDUAL CONSULTATIONS

No. 1 activity at
Mamma HELP

- offered by therapists – women with **personal experience with the disease**
- private talks in intimate environment
- psychological support, relax, boosting self-confidence when returning to normal life
- time enough for each client
- anonymous, attendable right away without making appointment
- supervised by professional psychologists



AVON toll-free line



tel. **800 180 880**

Mon – Fri: 9 am to 7 pm

MAMMA HELP CENTERS

GROUP ACTIVITIES and MOTIVATION PROJECTS:

- ✓ Exercise, arts therapy, shared walks, workshops, presentations

CONSULTATIONS

- ✓ Specialized medical online consultations
- ✓ Email quires concerning **social sphere**
- ✓ Specialized consultations with a psychologist for the patients – **moms with children** („TELL YOUR KIDS“) to enable them talking about mom’s disease

My appetite is back!
www.uzmizasechutna.cz

Make a knot!
www.udelejuzel.cz

www.mammahelp.cz

říct to dětem



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MAMMA HELP

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Co nabízí Mamma HELP ženám s rakovinou prsu a jejich
rodinám? (Youtube Video)