

APSCO CANCER DISTRESS SCREENING AND MANAGEMENT APP

ROMANIAN ASSOCIATION FOR SERVICES AND COMMUNICATION IN ONCOLOGY



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**PSYCHOSOCIAL
ONCOLOGY NEEDS:**
An Absent Voice in Romania



- APSCO envisions itself as a LAB – FAB – APP non-profit organization, as promoted by the EC strategy on EU Research & Innovation Programs. We need research – innovation – and apps for the benefit of all cancer patients.
- We are in mission for psychosocial oncology advocacy, policy, communication, services, and standards of care in Romania.
- APSCO unreservedly endorses the IPOS International Quality Standard of Cancer Care and is a proud member of the International Psycho-Oncology Federation.

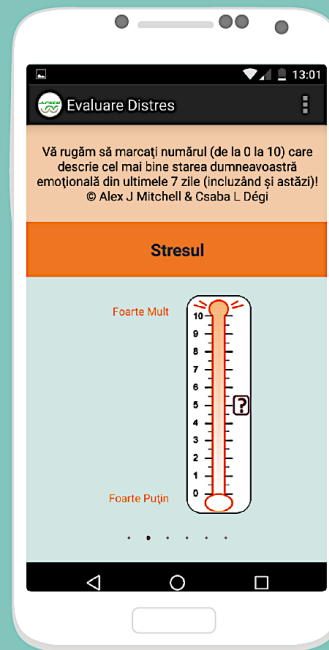


- The APSCO app is the first Emotion Thermometer - ET based computerized to automated distress screening instrument for cancer patients, significant others and professionals.
- On World Cancer Day 2018 this free Android Medical App was updated with the Problem List from the Distress Thermometer (DIS-A).
- This evidence-based tool serves as a self-directed screening, management, monitoring and resource finding tool. Promoting self-managed care in part of our ongoing capacity building efforts.
- This awarded cancer distress screening app available on Android platform in Romanian and Hungarian. Joint copyright © Mitchell J. A. & Dégi L. Cs.

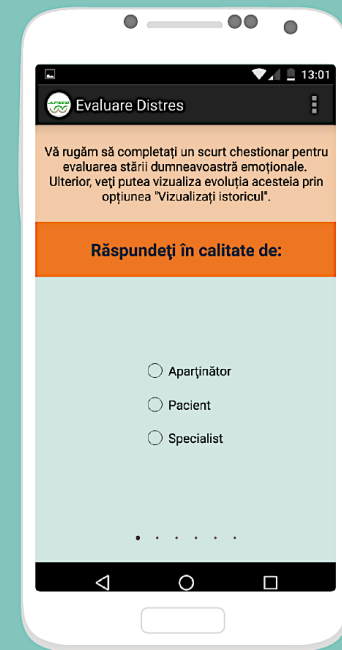
SCREENING

stress
anxiety
depression
anger
help

Primul instrument
computerizat de screening al
distresului



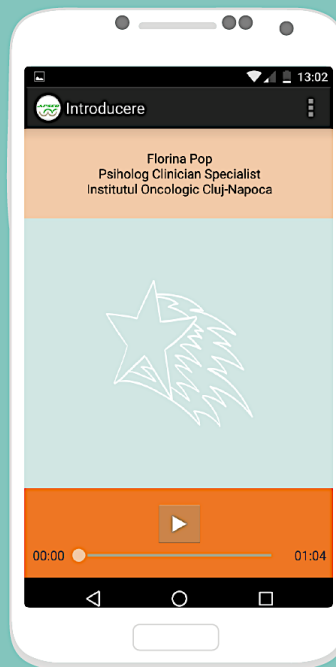
Pentru pacienții cu cancer,
persoanele semnificative din
preajma lor și profesioniști



SELF-CARE

stress
anxiety
depression
anger
help

Exerciții de relaxare



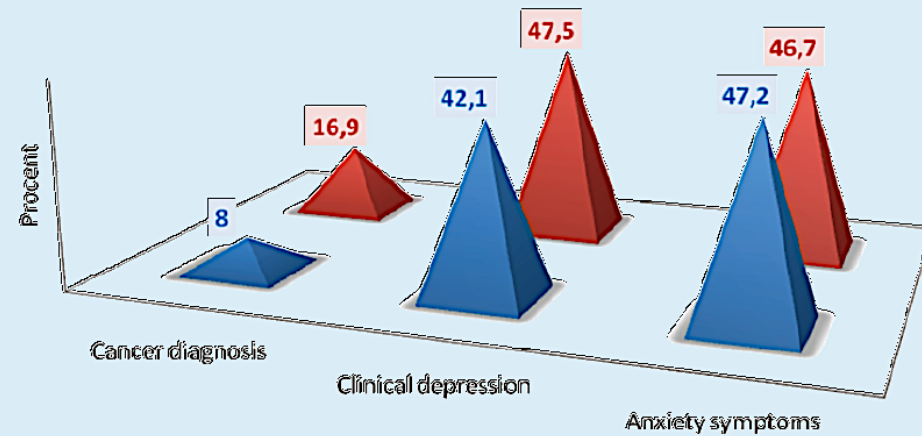
Găsiți resursele din România



EVIDENCE- BASED

N = 1200

Cancer distress - TRENDS



	Cancer diagnosis	Clinical depression	Anxiety symptoms
■ 2014	8	42,1	47,2
■ 2007	16,9	47,5	46,7

Results about high cancer distress and undermet quality of life needs among Romanian cancer patients, burdened by tendencies of non-disclosure, support our efforts to put psychosocial cancer care on Romania's priority health agenda.



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